

Invocation

With the blessings of God, the Divine Father and Divine Mother
To all our Spiritual Teachers, Saints and Holy Masters
To all the Archangels, Holy Angels and Spiritual Helpers
Thank you for your divine love, guidance, wisdom and protection
So Be It - Amen

Let Us Connect Together

I AM THAT I AM

I AM not the body.
I AM not the emotions.
I AM not the thoughts.
I AM not the mind.
The mind is just an
instrument of the soul.
I Am the Soul.

I AM a spiritual being of divine intelligence,
divine love and divine power.
I AM connected and one with my higher soul.
I AM THAT I AM.

I Am one with the Divine Spark within me.
I AM a child of God,
I Am connected with God,
I Am one with God
I Am one with all.

I AM THAT I AM

**May the sun bring you
new energy by day,**

**May the moon softly restore
you by night,**

**May the rain wash away
your worries,**

**May the breeze blow new
strength into your being,**

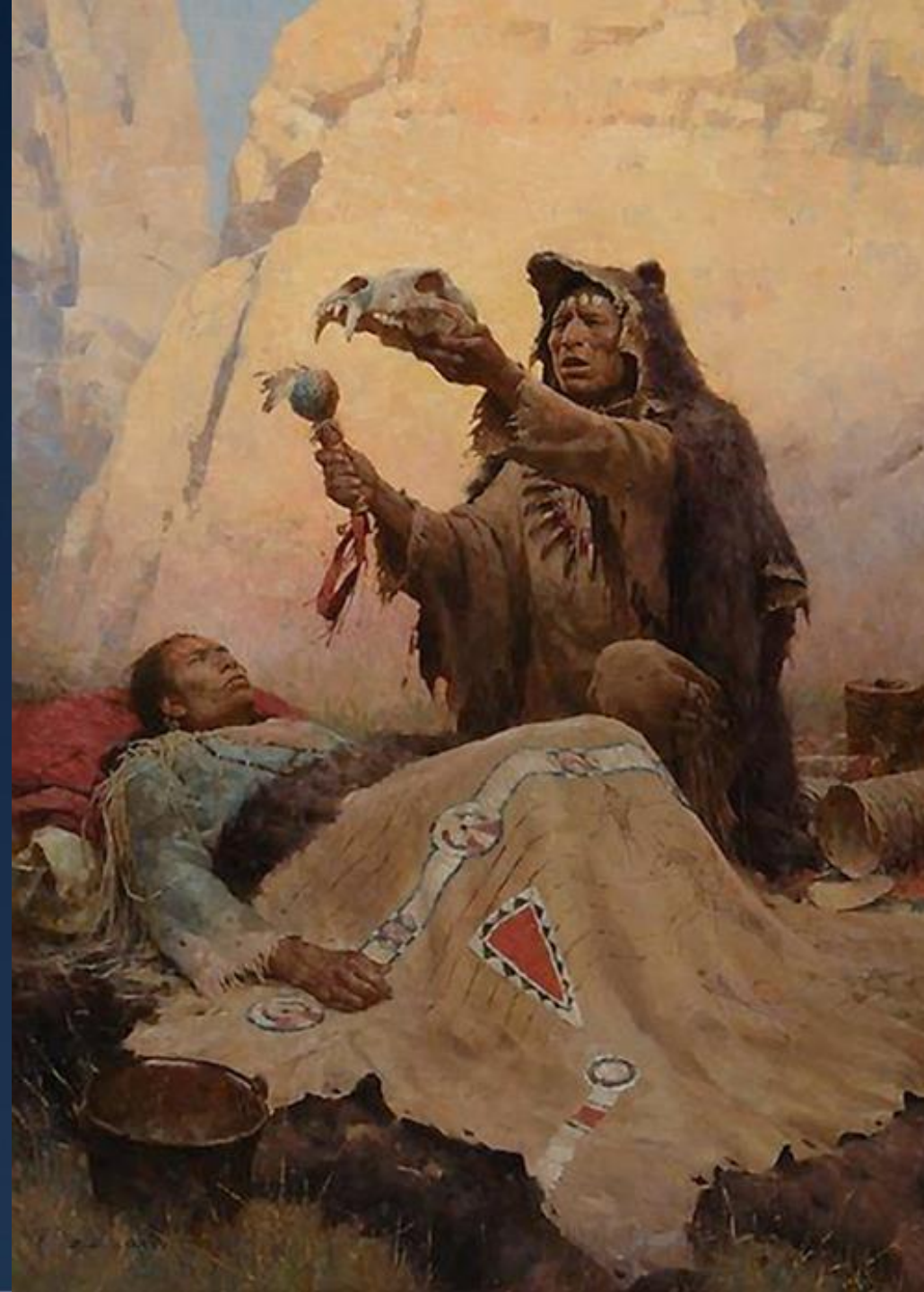
**May you walk gently through
the world and know it's
beauty all the days
of your life.**

— Apache Blessing



Native American Medicine Man

- Means mystery or spiritual healing
- Person with magical powers for healing
- Both traditional healer and spiritual leader





About Spirits

- Every object has their own independent spirit
- There are good and bad spirits
- Good spirits helped people
- Bad spirits wreck havoc on their people and tribes
- It is those spirits that cause
 - Trouble
 - Suffering
 - Sickness
 - Death

Their Role

- Educators
- Healers
- Communicators
- Mystics
- Prophets
- Sometimes war chief or tribe leader



What They Did

- Special chants for protection
- Had words of special ancient knowledge to help others
- Had a knowledge of energy to counteract harmful things
- Disarmed bad spirits with rituals or objects (stones/crystals)
- Transfer healing from the holy ones to the patient



Smudging



CEDAR

PEOPLE HAVE USED IT TO DRIVE OUT NEGATIVE ENERGY, BRING IN GOOD INFLUENCES, AND EVEN TO BLESS A NEW HOUSE WHEN PEOPLE ARE MOVING IN.



ROSEMARY

THIS HERB IS A POWERFUL CLEANSER FOR YOUR HOME AND YOUR OWN AURA. IT'S ASSOCIATED WITH FIRE, THE SUN, AND MASCULINE ENERGY.



PALO SANTO

PURIFYING THE SPIRIT AND CLEARING NEGATIVE ENERGY ALSO KNOWN TO INSPIRE CREATIVITY, BRING A DEEPER CONNECTION TO THE DIVINE SOURCE, AND AID IN PHYSICAL HEALING.



WHITE SAGE

BEST KNOWN CEREMONIAL SMUDGE PLANT. IT CAN CHANGE THE MOOD AND ENERGY OF A ROOM, IT IS ALSO USED FOR MEDITATION, CLEANSING, AND PURIFICATION.



JUNIPER

BURNED FOR RITUAL PURIFICATION AND TO INVIGORATE THE MIND AND BODY WHEN TIRED.



LAVENDER

USED FOR CLEANSING, PSYCHIC PROTECTION, INCREASING CLAIRVOYANCE, CREATING THE ENERGY OF HAPPINESS AND HEALING, PURIFICATION, AND TRANQUILITY.



MUGWORT

USED TRADITIONALLY TO CLEANSSE ENERGIES AND GET RID OF NEGATIVITY, MUGWORT ALSO HAS A REPUTATION FOR STIMULATING DREAMS. THEREFORE, MANY BURN IT BEFORE BEDTIME.





Native American Prayer

Oh, Great Spirit

Whose voice I hear in the winds,
And whose breath gives life to all the world,
hear me, I am small and weak,
I need your strength and wisdom.
Let me walk in beauty and make my eyes ever behold
the red and purple sunset.
Make my hands respect the things you have
made and my ears sharp to hear your voice.
Make me wise so that I may understand the things
you have taught my people.
Let me learn the lessons you have
hidden in every leaf and rock.

I seek strength, not to be greater than my brother,
but to fight my greatest enemy - myself.
Make me always ready to come to you
with clean hands and straight eyes.
So when life fades, as the fading sunset,
my Spirit may come to you without shame.

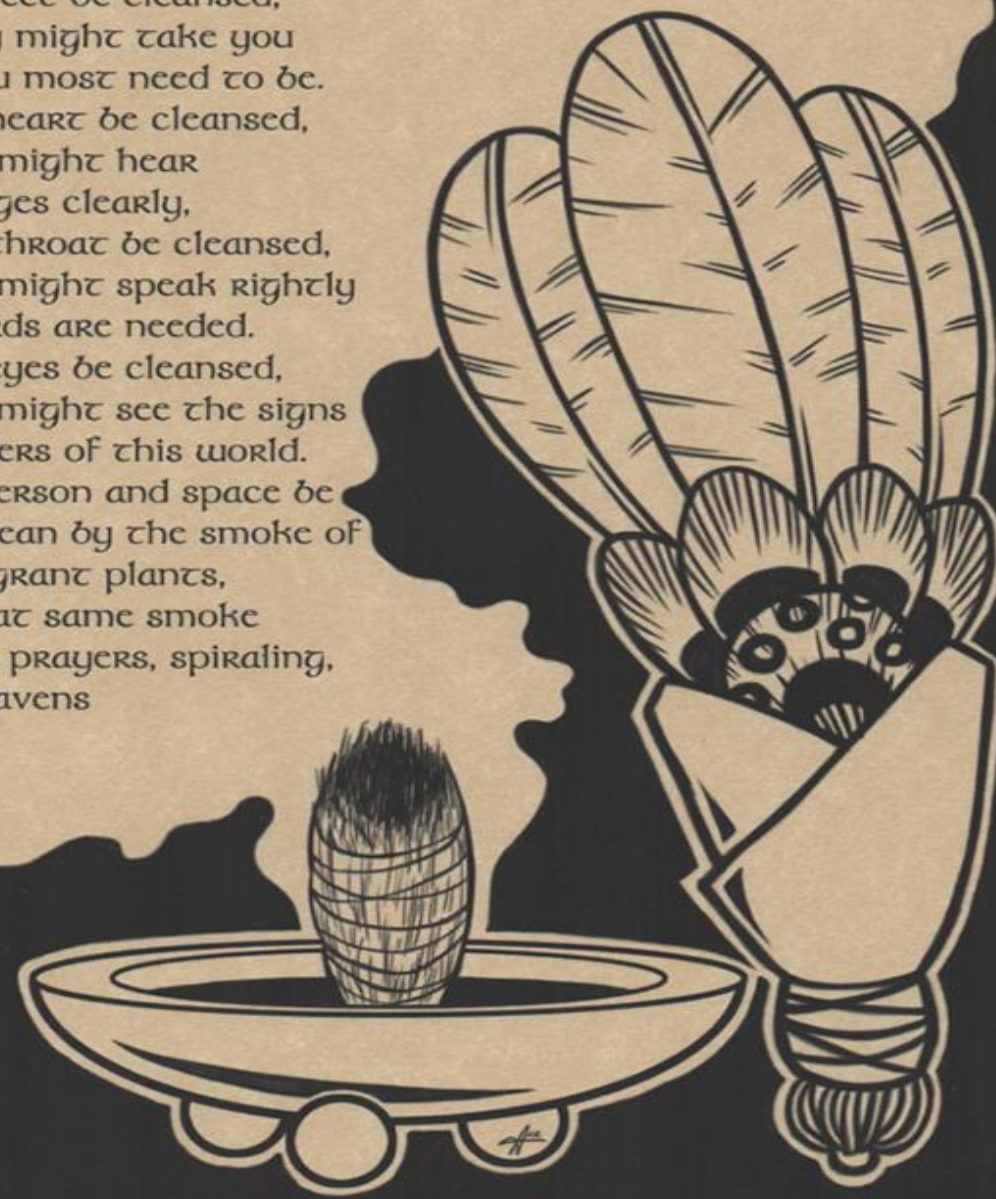
(translated by Lakota Sioux Chief Yellow Lark in 1887)

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Smudging Prayer

May your hands be cleansed,
that they create beautiful things.
May your feet be cleansed,
that they might take you
where you most need to be.
May your heart be cleansed,
that you might hear
its messages clearly.
May your throat be cleansed,
that you might speak rightly
when words are needed.
May your eyes be cleansed,
that you might see the signs
and wonders of this world.
May this person and space be
washed clean by the smoke of
these fragrant plants,
And may that same smoke
carry our prayers, spiraling,
to the heavens



Rain Rituals

- Thank the different levels of the Angelic elements
- Big focus is on ancestors before them
- Used to manifest and invoke weather changes
- Heal the earth and elements from wrongdoing
- Focus on the spiritual and not materialistic







Healing Methods



Healing Tools



NATIVE AMERICAN SYMBOLISM

Alligator
aggression, survival,
adaptability



Ant
team player,
worker



Armadillo
active, nocturnal,
protection



Bat
guardian
of the night, cleaner



Bear
power,
adaptability



Bear Paw
strength, mobility



Beaver
builder,
gatherer



Buffalo
sacredness,
life builder



Butterfly
metamorphosis,
carefree, transformer



Cougar
leadership,
courage



Coyote
prankster,
insight, playful



Crane
solitude,
independence



Deer
love,
gentleness, kindness



Dolphin
kindness, play,
bridge man to ocean



Dragonfly
flighty, carefree



Eagle
divine spirit,
connection to creator



Elk
strength,
agility, freedom



Fox
cunning,
provider, intelligence



Frog
connection
w/water element



Goose
faithful, communicative,
traveler



Grizzly Bear
hunter,
nature's pharmacist



Hawk



Horse



Hummingbird



Lizard



Loon



Moose



Mouse



Otter
laughter, curiosity,
truth, patience



Owl
wisdom,
perseverance



Pheasant
confidence, attraction,
perseverance



Quail
sacred spiral,
ceremonial, Holy



Rabbit
alertness,
resourceful



Raccoon
bandit, shy,
determination



Ram
new beginning,
teacher, hoarder



Raven
trickster mischievous



Road Runner
speed, agility
cleverness



Salmon
instinct, persistence,
determination



Seahorse
confidence,
grace



Shark
hunter,
survival



Skunk
wary, conspicuous,
intense



Snake
stewardship,
transformation



Spider
creative,
pattern of life



Squirrel
trusting,
innocence



Swan
grace, balance
festive



Turkey
smart, elusive,



Turtle
self-contained
creative source



Whale
wisdom,
power, cleanser



Wolf
loyalty, success,
perseverance



Wolf Paw
freedom, success
ambition



Zuni Bear
good health



Pelican
ever watchful,
grace



Steer Skull
silent testimony



Kokopelli
fertility,
joy, music



Thunderbird
caller of rain



Scorpion
defense,
self-protection

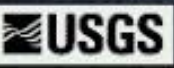


Buffalo Skull
sacredness,
reverence for life









USGS Photo by J. Donnelly-Nolan



About Herbs & Medicine

- Herbs are a gift from God
- Health is an expression of the spirit
- If the leaves have 3 then let them be

Everything on the earth has a purpose, every disease and herb to cure it, and every person a mission. This is the Indian theory of existence.

— *Mourning Dove* —





Mint

Originally used to treat gastrointestinal issues, body odor, or bad breath, it is now useful against bronchitis and motion sickness.



Fennel

A strong carminative and anti-inflammatory, it relieves digestive disorders, lessens bloating, and stimulates appetite.



Saffron

A well-known and highly prized spice, saffron helps fight depression and aid digestion.



Olive

Its omega-3 content can improve brain function and lower LDL cholesterol levels. It has also been found useful in preventing strokes.



5 Medicinal Herbs used since Ancient Greece



Ginseng

- Strengthen the immune system
- Enhance brain function
- Fight fatigue
- Very grounding



Jimson Weed

- Treat asthma, cough, flu (influenza), swine flu, and nerve diseases
- Helped during surgeries and for pain management
- Used by US Military



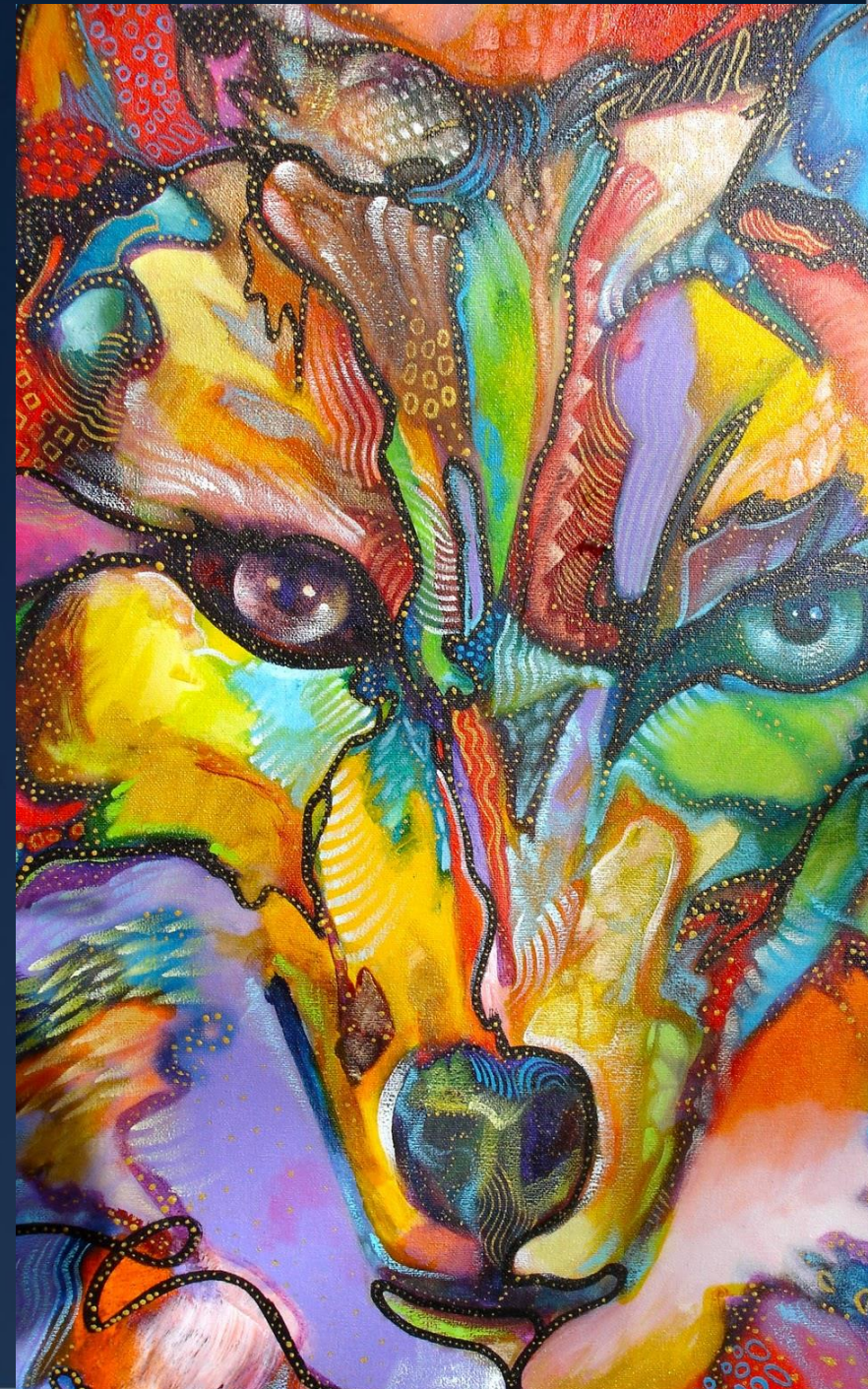
Turmeric Root

- A superfood similar to ginger
- Antioxidant
- Ease depression
- Diabetes
- Can help prevent cancer



Tribe Event

- Used Sage, Cedar and Tabaco all night long
- Needed purification to keep the bad spirits away
- Coyote or ayahuasca is like a mild form of LSD
- Used for reflection and complementation
- Use as a hologenetic
- Used to connect with one self





Piezoluminescence in Pineal gland

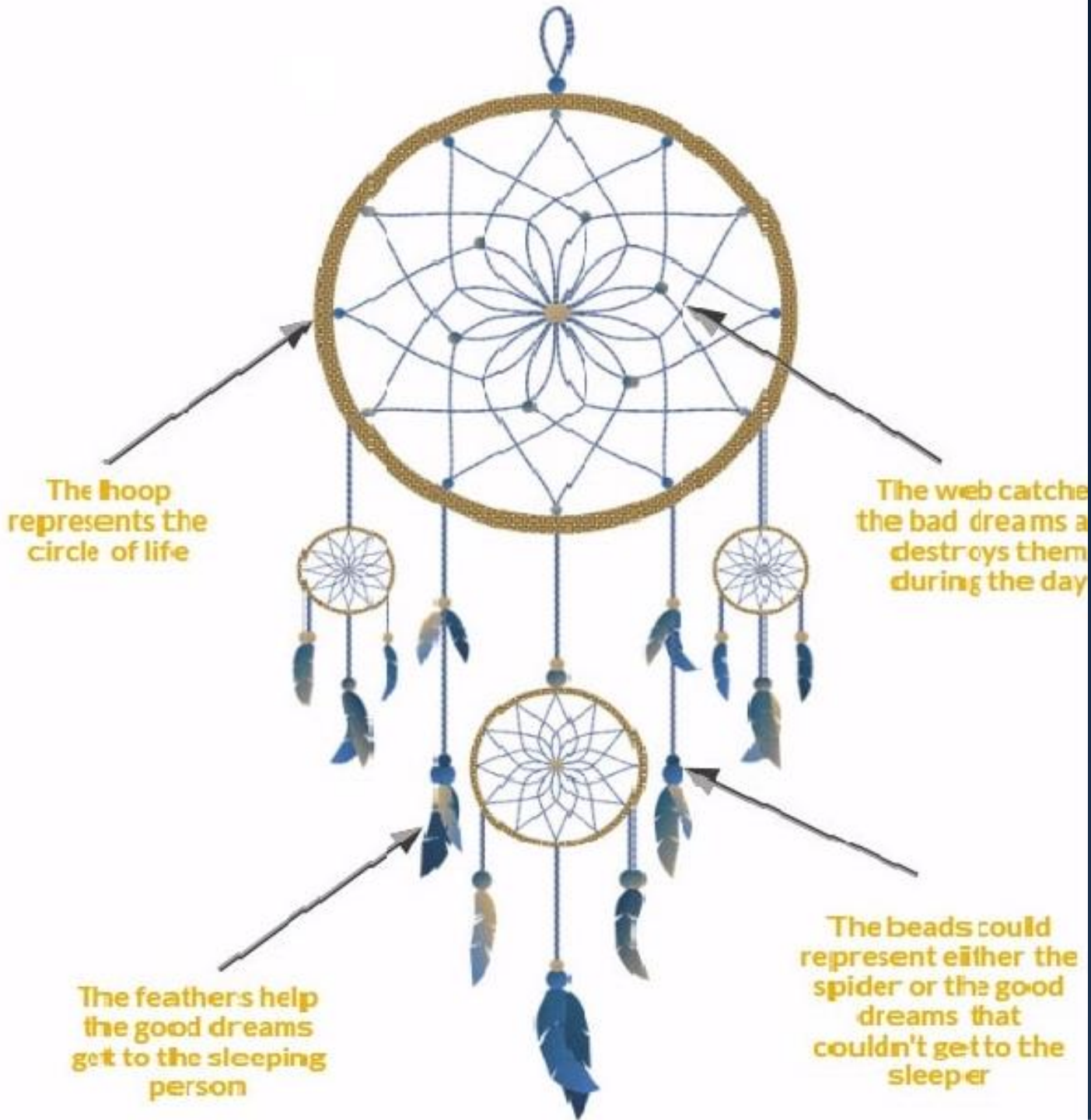


- Emission of light due to pressure upon solids.
- Calcite micro crystals emit **cold light** in the range of **blue & green** (Atari 1982).
- This phenomenon also occurs in certain **marine fishes**.



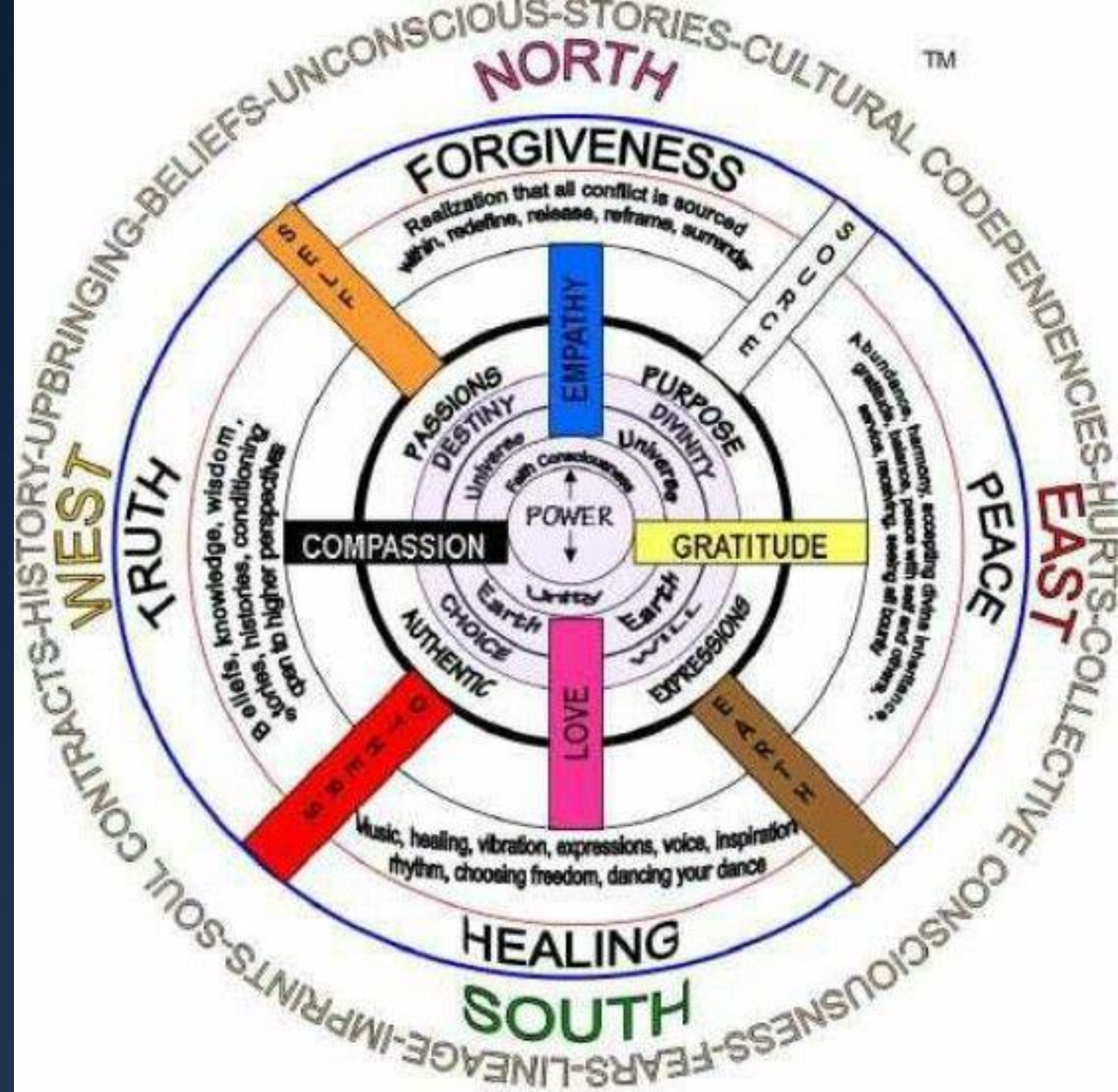






Medicine Man Wheel

- Connection to all



Oneness With All





"THUNDER BIRD"
AS A MAN

"SKANA"
THE KILLER-WHALE

"CHET-WOOT"
THE BEAR
Spitting up the Wolf Man

FROG

"SE-SOOK"

TWO-HEADED SERPENT

"OL-HIYO"
THE SEAL

"WALALEE"
THE SALMON

"LE-LOO"
THE WOLF

THE RAVEN

FROG






THE ANCIENT
POWERFUL SUPERNATURAL

"KUUMA"
THE BULLHEAD

"EL-KOLIE"
THE WHALE



TOTEM POLE ANIMAL & OBJECT SYMOBLISM

	Beaver	Old, wise, builder, creative, artistic & determined, strong sense of family, builder of dreams
	Eagle	Ruler of the sky, great strength, leadership, prestige, divine spirit, connection to creator
	Frog	Spring & new life, communicator, stability, rich in life, survivalist, connection to water element
	Hawk	Strength, quick to assist when in need of help, messenger, stopper of time
	Owl	Wisdom, watchful, perseverance, respected, may be associated with death

*I see a time of Seven Generations
when all the colors of mankind
will gather under the
Sacred Tree of Life
and the whole Earth will
become one circle again.*

-Crazy Horse



